

SPINNER® AERO
SPINNER® EDGE
OWNER'S MANUAL



SPINNER® AERO + SPINNER® EDGE

Congratulations on your purchase of a Spinner® Bike. As the creators of Spinning® and the worldwide leaders in indoor cycling bikes and programs, we're here to help you get the most out of every ride. Whether your goal is to lose a few pounds, stay in shape or train for the next race, the team at Spinning® is here to help you every step of the way. This owner's manual is just the beginning.

Need help? Scan the code to check out our Spinning® Support Video Library and other useful information about your new bike and the Spinning® program.



Enjoy the ride.



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For more information about the Spinning® program, Spinning® gear and tips that will help you make the most of every ride, visit www.spinning.com.

THANK YOU!

Thank you for purchasing your new Spinner® bike. Your bike has been designed and engineered for safety, durability and to provide a great ride. The following pages will outline a number of safety precautions and part diagrams for your reference. It is important to thoroughly read through this manual and follow all warnings for the best overall experience with your new ride.



WARNING

- FAILURE TO READ AND FOLLOW THE INSTRUCTIONS IN THIS MANUAL MAY RESULT IN POSSIBLE SERIOUS INJURY.
- PEDAL SPEED SHOULD BE REDUCED IN A CONTROLLED MANNER.
- FIX YOUR FOOT IN THE PEDAL CAGE OR SPD CLEAT DURING EXERCISING TO PREVENT UNINTENDED MOVING.
- IT'S IMPORTANT TO ADJUST AND SECURE THE HANDLEBAR AND SEAT TO YOUR DESIRED POSITION FOR A COMFORTABLE AND SAFE RIDE. DO NOT EXCEED MINIMUM INSERTION DEPTH MARKS LABELED 'STOP' OR 'MAX' ON THE HEAD POST AND SEAT POST VERTICAL ADJUSTMENTS.

IMPORTANT SAFETY PRECAUTIONS

This bike has been designed and constructed for a safe and comfortable ride. Nevertheless, certain precautions should be taken when using any piece of exercise equipment. Read the whole manual before assembling and using the bike. The following safety precautions should also be observed:

1. Keep children and pets away from the Spinner® bike at all times. Parents and/or those responsible for children should always take their curious nature into account and the potential of induced hazardous situations and behavior resulting in accidents. Under no circumstances should this Spinner® bike be used as a toy.
2. The owner is responsible for ensuring that anyone who uses the machine is duly informed about the necessary outlined precautions and proper way to ride.
3. This bike can only be used by one person at a time.
4. Use suitable clothing and footwear. Make sure all laces/cords are tied and tucked-in so that they are not loose or can be tangled into any parts of the bike.
5. Turn the resistance knob clockwise until the flywheel is locked when the bike is not in use.

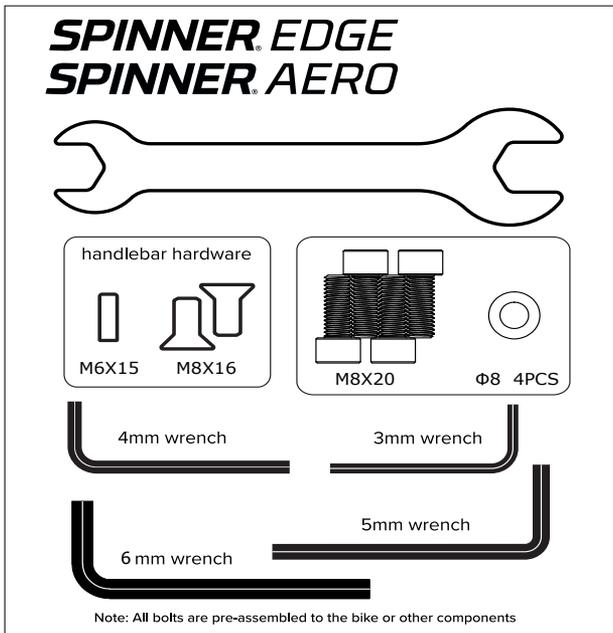
6 IMPORTANT SAFETY PRECAUTIONS (continued)

6. This bike does not free-wheel. Pedals will continue to spin. Use caution when slowing and stopping. In an emergency, stop pedaling and push the resistance knob down as an emergency brake to stop the pedals and flywheel from rotating. Uncontrolled spinning pedals can cause injury.
7. If you experience dizziness, nausea, chest pains or any other symptom while using this bike STOP exercising and SEEK MEDICAL ATTENTION IMMEDIATELY.
8. Install and ride the bike on a mat that is placed on a level, solid surface and that has a minimum of 1 meter (39.5") of unobstructed space around it on all sides. Adjust the stabilizer feet to make the bike level, secure and stable on all four feet at the same time.
9. Keep hands well away from any of the moving parts.
10. Wear clothing suitable for riding. Do not wear loose or baggy clothing that might get caught up in the parts of the bike. Always wear cycling shoes or athletic shoes with laces tucked in when using the bike.
11. This bike must only be used for the purposes described in this manual. DO NOT use accessories that are not recommended by Spinning®.
12. Differently abled people should not use the bike without the assistance of a qualified person or a doctor. This is not a medical device and should be used with caution.
13. Do not use the bike if it is not working correctly.
14. Review all warning labels affixed to the bike and replace any label that is damaged, illegible, or removed. Contact customer service at Spinning.com for replacements.
15. Functional and visual inspections of the bike should be made before the bike assembly is complete and prior to any ride.
16. Do not exceed the MAX/STOP mark when adjusting the handlebar post or seat post.
17. Spinning® pedals can cause injury. Pedal speed should be reduced in a controlled manner.
18. Before using the bike, thoroughly inspect the bike for proper assembly.
19. User must adjust the seat and handlebars to suit the user's dimensional requirements. When adjusting, please insure that the bike is stable and that the resistance knob is turned to clockwise to immobilize the flywheel. Thoroughly tighten the corresponding adjustment knobs to insure that the seat and handlebars are secure before riding.
20. This bike should only be used for home (consumer) use and is not meant for commercial use.

21. Before every ride please examine brake pad, pedals and drivetrain for signs of wear. The brake pad is a normal wear item and may need to be replaced over time.
22. This bike is not suitable for therapeutic use and is for consumer use only. Consult a physician prior to starting any exercise program.
23. The safety level of the bike can be maintained only if it is examined regularly for damage and wear (e.g. brake pad, saddle, pedals, drivetrain, etc).
24. Replace defective or worn components immediately and/or refrain from using the bike until it is serviced or repaired.
25. Special attention must be paid to all wear components (e.g. brake pads, etc.).
26. Please adjust the handlebar and seat to your best biomechanical positioning. Incorrect form and/or excessive training may result in injury.
27. Turn the resistance knob counter-clockwise to release the brake before exercising.

TOOLS INCLUDED FOR SPINNER® BIKE ASSEMBLY

Use the included tools for bike assembly only.



BIKE INFORMATION AND SPECIFICATIONS

SPINNER® AERO - 109 Lbs. | SPINNER® EDGE - 105 Lbs.



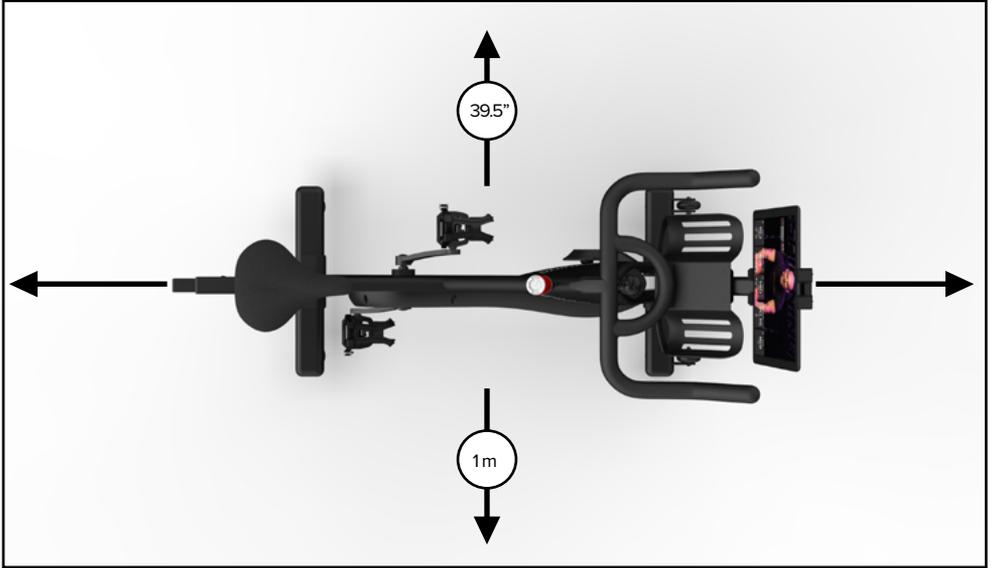
WARNING LABEL LOCATION



ASSEMBLED SIZE:

1138mm Long x 540mm Wide x 1381mm Tall (without tablet installed)

OPERATION AND INSTALLATION PERIMETER

**PERIMETER SPACE:**

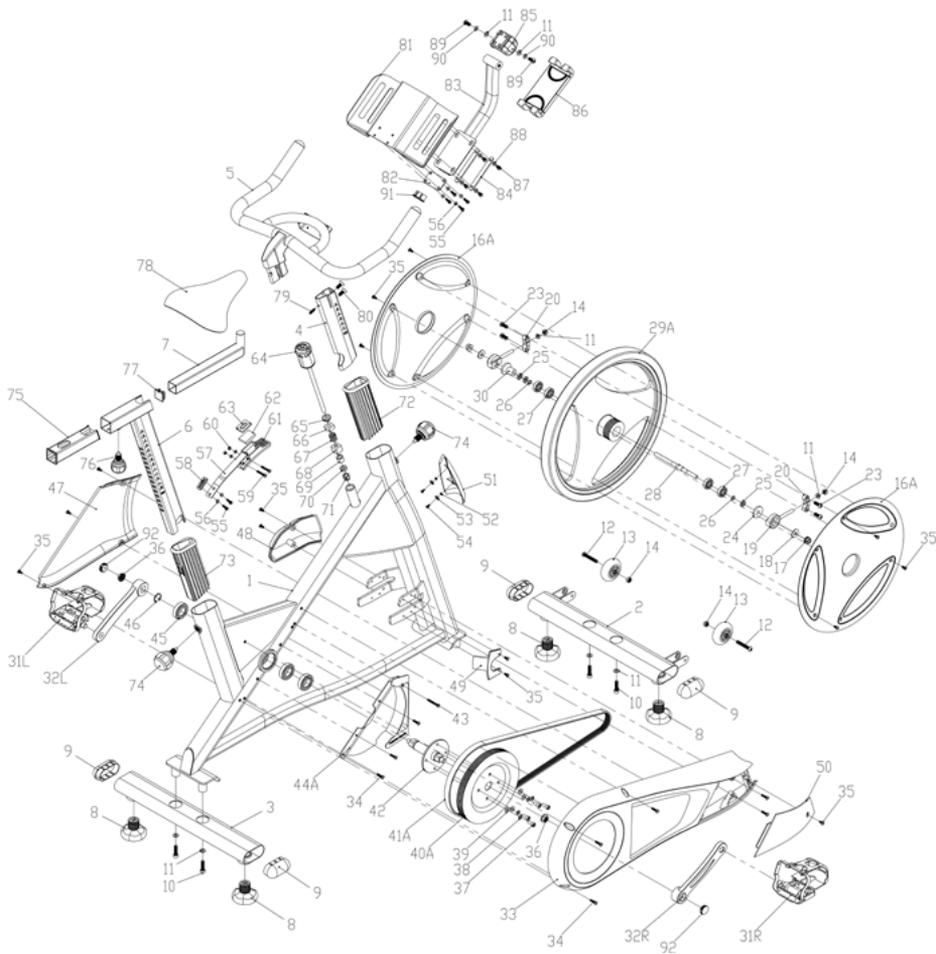
Keep at least 1 meter (39.5") of clear space around the entire bike

SPINNER® AERO PARTS LIST

Belt system

PART #	Description	Specification	Qty	PART #	Description	Specification	Qty
1	Main frame		1	47	inner chain cover		1
2	front stabilizer		1	48	dropout cover		1
3	rear stabilizer		1	49	front finger guard	EDGE-AERO	1
4	handle bar post		1	50	access door		1
5	handlebar		1	51	front fender		1
6	seat post		1	52	plastic washer	Φ8XΦ4.2X1.5 PVC	2
7	seat slider		1	53	bolt sleeve	PVC	2
8	Adjustable Foot	M30X3X25	4	54	self tapping screw	M4X12	2
9	End cap	Oval 40X80X2.0	4	55	Inner Hex socket Bolt	M5X20	6
10	Inner Hex socket Bolt	M8X20	4	56	flat washer	Φ5	6
11	flat washer Φ8	Φ8	8	57	brake arm		1
12	inner hex bolt	M8*38mm. Thread L15mm.S5	2	58	plastic brake arm holder		1
13	Moving Wheel	633	2	59	phillips bolt	M5X30	2
14	nylon nut	M8	4	60	nylon nut	M5	2
15				61	brake pad	3039	1
16A	flywheel cover	contour black	2	62	EVA cushion	35X24X8	1
17	flange nut	M10X1	2	63	square sheet	37.6X26.6X2.5	1
18	flat washer	Φ25.2XΦ10.1X1.5	2	64	tension knob	Φ10XM10X20 5	1
19	tension adjuster weldment		2	65	plastic sleeve		1
20	tension adjuster bracket		2	66	square plastic sleeve	20X20X12XΦ1 1	1
21				67	compression spring.	Φ2.0XΦ17X25	1
22				68	square Copper nut w/ Eva	20X20XM10X1 8 (21)	1
23	inner hex bolt	M8X20	4	69	plastic sleeve	Φ18XΦ10X16	1
24	sleeve	Φ34XΦ10.1X7.5	1	70	hex nut	M10	1
25	hex thin nut	M10X1	3	71	cap nut	M10	1
26	thin washer	Φ10	4	72	plastic sleeve for handlebar	Oval 40X80(25X60(wadge)	1
27A	bearing	6200z	4	73	plastic sleeve for seat post	Oval 40X80(25X60(wadge)	1
28	flywheel axle	Φ12X161	1	74	Adjustment knob(big)	M16X1.5X20(Φ45)	2
29A	Flywheel	L9	1	75	plastic sleeve(gap)	38SQ x 30SQ	1
30	flywheel sleeve	Φ34XΦ10.1X29.5	1	76	spring knob(small)	M16X1.5X20(Φ40)	1
31	pedal JD037	JD037	1set	77	End cap	30X30X1.5	1
32L&R	5008Crank L&R	5008 black-170 reinforced	1set	78	seat		1
33	chain cover		1	79	inner hex bolt	M6X16	1
34	phillips bolt	M5X20	8	80	inner hex countersunk bolt	M8X16	2
35	phillips bolt	M5X10	14	81	water bottle tray		1
36	flange nut	M12X1.5	2	82	WB Tray Screw Plate	62X37X3.0	1
37	Inner Hex socket Bolt	M8X16	4	83	Tablet arm		1
38	spring washer	Φ8	4	84	Bar Bracket	110X12X4.0	2
39	flat washer	Φ8	4	85	Pivoting Bracket		1
40A	belt wheel	Φ220X21	1	86	Tablet Holder		1
41A	belt	5PK1420	1	87	Hex Socket bolt	M6X16	4
42	BB axle	Φ30X145	1	88	flat washer	Φ6	4
43	phillips bolt	M5X50	1	89	inner hex socket screw	M8X16	2
44A	Aero rear finger guard	Belt DRIVE	1	90	wave washer	Φ8	2
45	bearing	6005	3	91	end cap	Oval 20X40X1.5	1
46	C ring	Φ25	1	92	crank cap		2

SPINNER® AERO EXPLODED VIEW



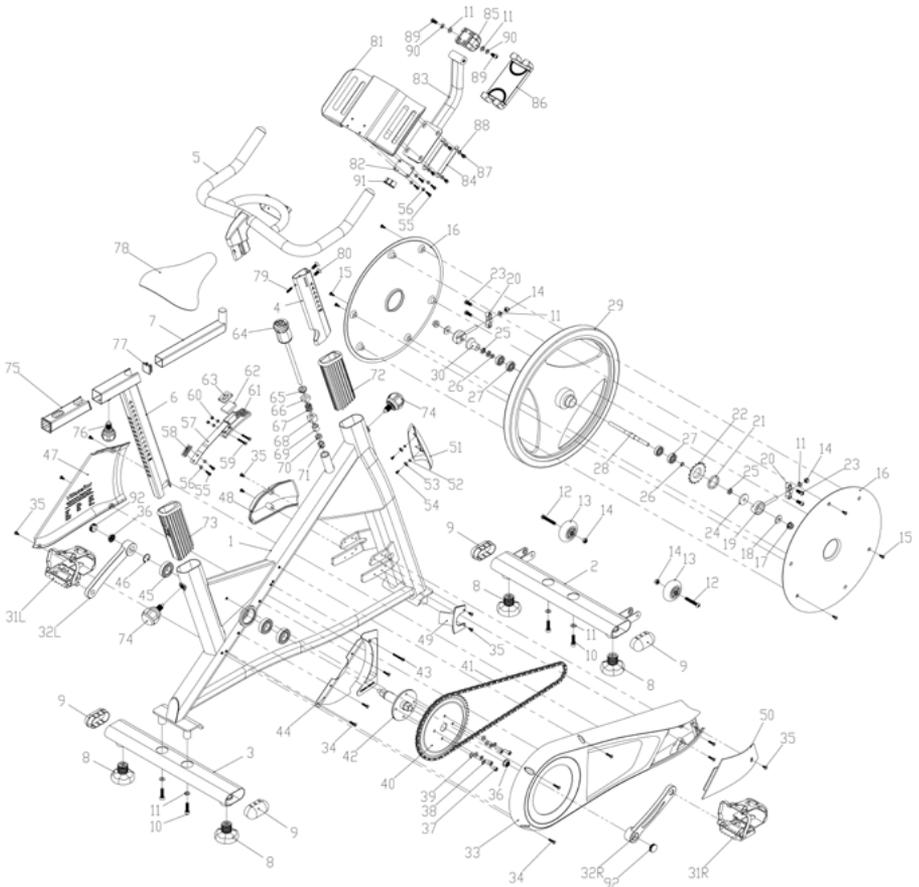
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SPINNER® EDGE PARTS LIST

Chain System

Part #	Part Description	Specification	Qty	Part #	Part Description	Specification	Qty
1	Main frame		1	47	inner chain cover		1
2	front stabilizer		1	48	dropout cover		1
3	rear stabilizer		1	49	front finger guard	EDGE-AERO	1
4	handle bar post		1	50	access door		1
5	handlebar		1	51	front fender		1
6	seat post		1	52	plastic washer	Φ8XΦ4.2X1.5 PVC	2
7	seat slider		1	53	bolt sleeve	PVC	2
8	Adjustable Foot	M30X3X25	4	54	self tapping screw	M4X12	2
9	End cap	Oval 40X80X2.0	4	55	Inner Hex socket Bolt	M5X20	6
10	Inner Hex socket Bolt	M8X20	4	56	flat washer	Φ5	6
11	flat washer Φ8	Φ8	8	57	brake arm		1
12	inner hex bolt	M8*38mmL. Thread L15mm.S5	2	58	plastic brake arm holder		1
13	Moving Wheel	633	2	59	phillips bolt	M5X30	2
14	nylon nut	M8	4	60	nylon nut	M5	2
15	phillips bolt	M5X12	6	61	brake pad	3039	1
16	flywheel cover	flat	2	62	EVA cushion	35X24X8	1
17	flange nut	M10X1	2	63	square sheet	37.6X26.6X2.5	1
18	flat washer	Φ25.2XΦ10.1X1.5	2	64	tension knob	Φ10XM10X205	1
19	tension adjuster weldment		2	65	plastic sleeve		1
20	tension adjuster bracket		2	66	square plastic sleeve	20X20X12XΦ11	1
21	locking nut	M33X1counter threaded	1	67	compression spring.	Φ2.0XΦ17X25	1
22	fixed freewheel	16	1	68	square Copper nut w/ Eva	20X20XM10X18 (21)	1
23	inner hex bolt	M8X20	4	69	plastic sleeve	Φ18XΦ10X16	1
24	sleeve	Φ34XΦ10.1X7.5	1	70	hex nut	M10	1
25	hex thin nut	M10X1	3	71		M10	1
26	thin washer	Φ10	4	72	plastic sleevefor handlebar post	Oval 40X80/(25X60 (wadge)	1
27	bearing	6000z	4	73	plastic sleeve for seat post		1
28	flywheel axle	Φ12X161	1	74	Adjustment knob(big)	M16X1.5X20 (Φ45)	2
29	Flywheel	L1	1	75	plastic sleeve(gap)	38(30)	1
30	fly wheel sleeve	Φ34XΦ10.1X29.5	1	76	spring knob(small)	M16X1.5X20 (Φ40)	1
31	pedal JD037	JD037	1set	77	End cap	30X30X1.5	1
32	5008Crank	5008 black-170 reinforced	1set	78	seat		1
33	chain cover		1	79	inner hex bolt	M6X16	1
34	phillips bolt	M5X20	8	80	inner hex countersunk bolt	M8X16	2
35	phillips bolt	M5X10	8	81	water bottle tray		1
36	flange nut	M12X1.5	2	82	WB TRAY SCREW PLATE	62X37X3.0	1
37	Inner Hex socket Bolt	M8X16	4	83	Tablet arm		1
38	spring washer	Φ8	4	84	Bar Bracket	110X12X4.0	2
39	flat washer	Φ8	4	85	Pivoting Bracket		1
40	chain wheel	52	1	86	Tablet Holder		1
41	chain	112	1	87	Hex Socket bolt	M6X16	4
42	BB axle	Φ30X145	1	88	flat washer	Φ6	4
43	phillips bolt	M5X50	1	89	inner hex soket screw	M8X16	2
44	Edge rear finger guard	CHAIN DRIVE	1	90	wave washer	Φ8	2
45	bearing	6005	3	91	end cap	Oval 20X40X1.5	1
46	C ring	Φ25	1	92	crank cap		2

SPINNER® EDGE EXPLODED VIEW



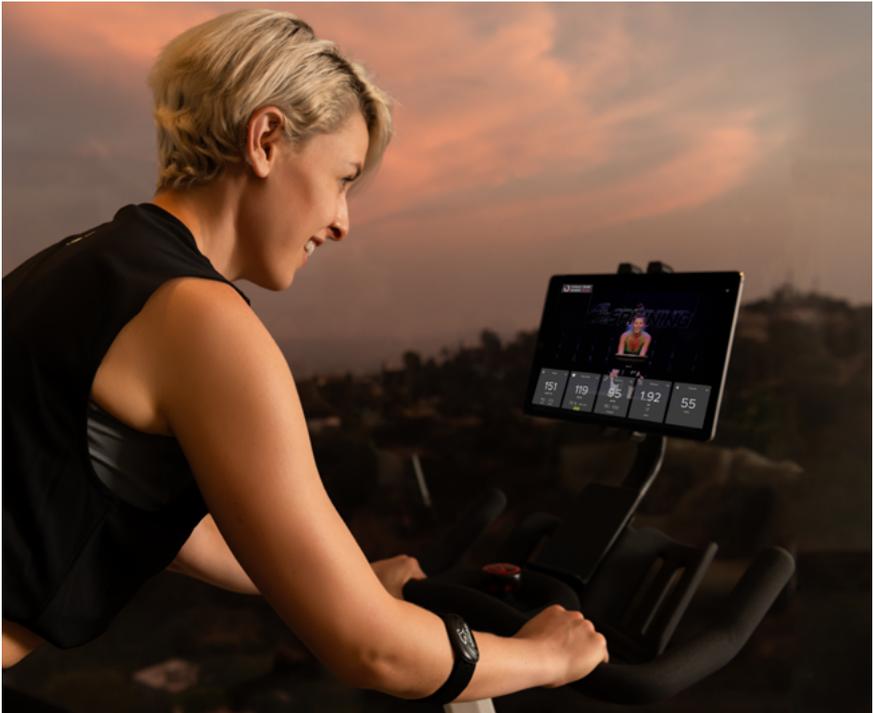
WELCOME TO THE SPINNING® PROGRAM

Spinning® was born on the road, raised in the studio, and made for your home. We've helped millions of people around the world get into the best shape of their lives and we can't wait to ride with you.

The bike is just the beginning! Now you can create your own Spinning® experience by choosing content and gear for a ride tailored just for you. Try one of our apps on for size with a free trial for the Spinning® subscription of your choice.

Spinning® Digital delivers 24/7 access to on-demand rides with rockstar instructors. Stream rides directly to your favorite Wi-Fi enabled TV, computer or favorite mobile device. With a diverse selection of instructors, training styles and durations, you can get the workout you want, whenever you want – even when you can't get to the studio.

Spinning® Digital+ is our all-in-one app that combines all the rockstar instructors and rides from Spinning® Digital with real-time metrics and tracking. It pairs with your heart rate monitor and your bike (with a power crank or cadence sensor) to deliver personal metrics and training zones during your ride! Your performance is tracked with detailed graphs and workout history, so you'll see your progress as you crush goals and gain power!



SPINNING® PROGRAM SAFETY

- Read all warnings posted on the Spinner® bike. Read this owner's manual and follow it carefully before using the Spinner® Aero and Spinner® Edge.
- Consult your physician before beginning this or any other exercise routine. Not all exercise programs are suitable for everyone. Discontinue any exercise that causes you discomfort and consult a medical expert.
- Ensure that the adjustment knobs (saddle height, saddle fore/aft and handlebar height) are properly secured and do not interfere with range of motion.
- Children under the age of 16 should not ride the Spinner® Aero or Spinner® Edge.
- Do not insert any object, hands or feet into any openings and do not expose hands, arms or feet to the drive mechanism or any other potentially moving parts of the bike.
- The body weight for individuals riding the Spinner® Aero and Spinner® Edge should not exceed 275 pounds (125 kg).
- Spinner® bikes have a perimeter-weighted flywheel and a fixed gear, which does not allow riders to coast. This means that, in order to stop, you must gradually slow your pedaling motion rather than stopping abruptly. If you need to stop immediately, push down on the red resistance knob.
- After use, turn the knob clockwise to increase the resistance so that the pedals will not rotate freely.
- Never turn the pedals or crank arms by hand, unless lubricating the chain
- If at any time you feel dizzy or have difficulty breathing, gradually stop pedaling and carefully dismount the bike.
- Listen to your body, ride at your own pace and set your bike's resistance at the level that feels right for you.
- Keep children and pets away from the bike whenever it is in use.
- Stay hydrated. Drink water throughout your ride as needed.
- Always pedal with at least a little resistance on the flywheel.
- Your bike may include a heart rate monitor. The heart rate displayed may be inaccurate and should be used for reference only

- Keep your cadence range between 60 RPM and 110 RPM, depending upon the terrain. Use proper resistance to keep your pedaling speed within that range.
- Stay in control by executing all movements and hand positions at a slow pace before attempting to increase your pedaling speed.
- Focus on form, posture and smooth transitions between movements.
- Always ride with proper footwear. Your bike is equipped with dual-sided SPD pedals and we recommend cycling shoes for the best connection. You can purchase cycling specific shoes at spinning.com. Please go to spinning.com for options.
- Keep shoe laces tucked in and foot straps snug around your shoe. If your foot does come out of the toe clip, push down on the resistance knob to stop the flywheel's motion before placing your foot back in the pedal cage.
- When setting up the bike, make sure to place it on a level surface, adjust the leveling feet for stability and leave at least 39.5" of unobstructed clear space around all sides.
- Care should be taken in mounting or dismounting the exercise bike.



CARING FOR YOUR SPINNER® BIKE

MOVING YOUR BIKE

Stand in front of the bike, grasp the handlebars and tip the bike toward you until the transportation wheels are touching the floor. Be careful about contacting the tablet holder while moving the bike and do not use it as a grip or moving handle. Roll the bike to the desired location and then gently lower the rear of the bike back to the floor.

LEVELING YOUR BIKE

The leveling feet are located on each corner of the front and rear stabilizer bars. It is important that all four of the leveling feet touch the ground to keep the bike stable at all times. To adjust, turn the leveling feet counterclockwise to decrease the height or clockwise to increase the height until the bike is stable.

ADJUSTING AND LEVELING YOUR SADDLE

If you experience saddle discomfort while riding or sitting on your bike, the angle can be adjusted by loosening the 14 mm nuts located under the saddle. Be sure to re-tighten the nuts after making your angle adjustment and before riding your bike.

PREVENTING RUST

After each use, raise the handlebar post and seat post to the highest settings to allow any moisture to evaporate. Using an absorbent cloth, wipe all areas where moisture can settle.

PROTECTING YOUR SPINNER® BIKE'S FINISH

After each ride, protect your bike's finish by wiping it down with a damp cloth. You may use bike cleaner such as SPINTECH® Fitness Equipment Polish, but do not use de-greasers or harsh cleaning products. When cleaning your bike, be sure to keep your hands and fingers clear of a moving drivetrain. Never spray any cleaners onto the frame or components. Instead, spray a soft cloth with a diluted mixture of Simple Green (or equivalent) and wipe the bike down. Thoroughly dry the bike with a separate towel.

PEDALS

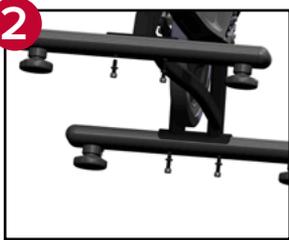
Check the pedals weekly to ensure that the threads are completely tightened and the cleat retention is tailored to your riding style. If the pedals have become loose, tighten the threads with the supplied pedal wrench to ensure that they are securely attached. (Drive side tightens clockwise, non-drive side tightens counter-clockwise.)

SPINNER® BIKE ASSEMBLY

1 STEP 1: **Unpack the carton**

Open the shipping carton and remove all of the parts. Make sure that the following parts are included and that no damage has occurred during shipping:

- Bike frame with flywheel
- Front stabilizer bar with transportation wheels
- Rear stabilizer bar
- Handlebars
- Handlebar post
- Pedals
- Seat slider and saddle
- Seat post
- Blister card for assembly and maintenance includes: Multi-wrench, 3mm / 4mm / 5mm / 6mm Allen wrenches, each 1pc. M6X15 inner hex bolt 1pc., M8X16 inner hex bolt 2pcs, hex socket bolt 4pcs, flat washer 8 pcs.
- Owner's manual
- Tablet holder set
- Tablet arm Set (with assembly bolts)
- Dual water bottle holder set (with assembly bolts)



2 STEP 2: **ATTACH THE STABILIZER BARS**

Have someone help you tilt the bike forward and stabilize it while you remove the rear plastic shipping guard. Lift the back of the bike and remove the front plastic shipping guard. It is normal to see cracking in the shipping guards as they protect the frame in transit. Have someone help you tilt the bike forward (toward the flywheel) so that you can attach the rear stabilizer bar from the underside with the provided bolts and washers. Line up the holes in the stabilizer bar with the holes in the frame. Using the included wrench tighten the bolts (with washers) securely. Repeat the process with the front stabilizer bars.



3 STEP 3: **INSTALL THE SADDLE**

While holding and pulling back the seat post pop-pin knob, slide the seat post into the seat tube. Release the pop-pin knob. Adjust the seat post to make sure the pop-pin is properly engaged. Tighten the seat post pop-pin knob securely. Now unscrew, pull out and hold the seat slider pop-pin knob. Slide the seat slider all the way into the seat tube. Release the seat slider pop-pin knob. Adjust the seat slider (fore/aft) to make sure the pop-pin is engaged. Tighten the seat slider pop-pin knob securely.

4

**STEP 4A: HANDLEBAR ASSEMBLY**

Insert the chrome handlebar post onto the threaded handlebar stem making sure the holes line up. Using a 5mm Allen wrench, insert, then tighten the two large bolts on the front of the bar. Now insert, then secure, the 3mm bolt at the rear of the post.

Check to make sure that all the bolts are tightened securely before proceeding.



5A

**STEP 4B: INSTALL WATER BOTTLE HOLDER AND THE TABLET MOUNT**

Locate the 2 bar washers and 4 bolts as shown and align the holes with the threaded bosses underneath the center section. Use the allen wrench to tighten the allen bolts securely.

5B

**STEP 4C: ATTACH THE TABLET CLAMP TO THE ARM**

Push in and slide down gently to fully engage the snap locks as shown. Note the orientation of the tabs and slots.

Pivot bolts can be tightened for a stiffer angle adjustment and should always be snug.

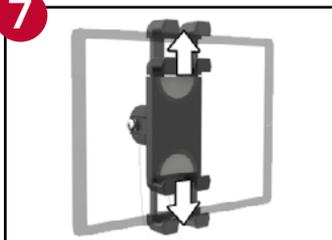
Use caution and **do not over-tighten these bolts.**

6

**STEP 4D: INSTALL THE HANDLEBARS**

Install the large handlebar pop-pin knob into the frame head tube several turns only, then pull out and hold the handlebar pop-pin knob. Slide the handlebar post all the way into the handlebar tube. Release the handlebar pop-pin knob. Adjust the handlebars to make sure that the pop-pin is engaged. Tighten the handlebar pop-pin bolts securely before riding.

7

**STEP 4E: ATTACH THE TABLET**

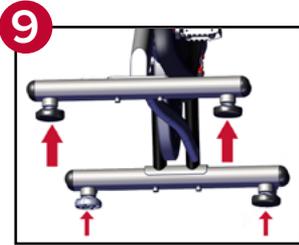
Open holder tabs using two hands and place tablet securely. Use caution to keep tablet side controls away from the holder tabs.



NOTE: The pedal spindles and cranks are marked “L” (left) and “R” (right). Left and right are referenced from a seated position on the bike with the flywheel facing forward. Be sure to install the pedals on the correct side of the bike.

STEP 5: INSTALL THE PEDALS

Turn the resistance knob clockwise until the crank arms are immobilized. Remove the pedals from the packaging. Install the **left pedal** on the **left crank**. Use the multi-wrench supplied and turn **counterclockwise** to tighten. Install the **right pedal** on the **right crank**. Use the multi-wrench supplied and turn **clockwise** to tighten. **Remember, pedals are always tightened by turning the wrench over the top of the spindle towards the front of the bike.** Be sure both pedals are tightened securely.



STEP 6: LEVEL THE BIKE

Move the bike to the location where it will be used. Your Spinner® Bike requires 39.5” of unobstructed clearance space around every portion of the bike for proper operation. Make sure to set the bike up on a level surface. Rock the bike gently to check for wobble. If needed, use the leveling adjusters under the front and rear stabilizer bars to steady the bike.

Safety Precautions

Install the tablet mount securely. Do not adjust the tablet or tablet mount while pedaling. Remove the tablet before moving your indoor cycle and do not place direct force on the tablet mount. Mad Dogg Athletics, Inc.® is not responsible for any injuries or damages caused to any person or item during the installation or use of this tablet mount.

TESTING THE BIKE

Use this checklist to perform the bike test procedure.

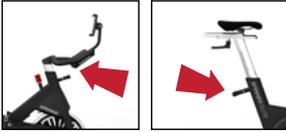
- Re-check all bolts. Make sure that they have been tightened and that there are no missing parts.
- Test the handlebar post and seat post to make sure that they move freely and that you are able to lock them securely at different positions.
- Check the saddle to make sure that it is level, tight and does not rotate around or tilt. Tighten and adjust as needed.
- Test the seat slider for movement from front to rear, and check it by locking it at different settings.
- The brake tension (resistance) can be adjusted using the red resistance knob. Pressing down on the red knob will apply the emergency brake if you need to stop quickly.
- Adjust the seat post and handlebar post to your needs. Refer to the playlist at <https://youtu.be/kiBtxsuzO78> for video help.
- Pedal at a moderate pace and test for proper and smooth resistance changes while varying the amount of turns on the resistance knob.
- To move the bike after testing is complete, stand in front of the bike, grasp the handlebars and tip the bike toward you until the transportation wheels are touching the floor. Roll the bike to the desired location and then gently lower the rear of the bike back to the floor. Be careful to avoid the tablet holder when moving the bike. Do not use the tablet holder as a handle to move the bike. Make sure to adjust the leveling feet so that the bike remains stable at all times.

WARNING!

SAVE THESE INSTRUCTIONS

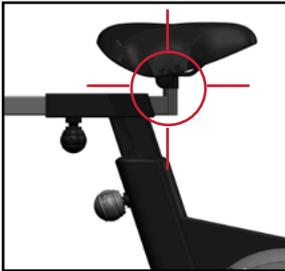
THE MOMENTUM OF THE FLYWHEEL OF THE BIKE WILL KEEP THE PEDALS TURNING EVEN AFTER YOU STOP PEDALING OR IN THE EVENT THAT YOUR FEET SLIP OFF OF THE PEDALS. DO NOT DISMOUNT THE BIKE OR ATTEMPT TO REMOVE YOUR FEET FROM THE PEDALS UNTIL BOTH THE PEDALS AND THE FLYWHEEL HAVE STOPPED COMPLETELY. FAILURE TO COMPLY MAY LEAD TO LOSS OF CONTROL AND SERIOUS PERSONAL INJURY.

TROUBLESHOOTING



RATTLING HANDLEBARS OR SEAT TOWER

Make sure that the pop-pin knobs are correctly locked into place and tightened.



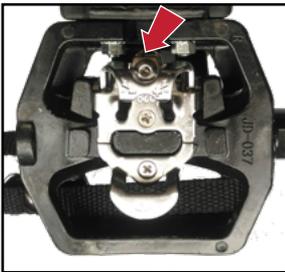
SADDLE PAIN

Check to ensure that the saddle is centered and level. Adjust the level as necessary using the outside bolts (**shown in RED**). Remember that it does take time for a body to acclimate to the saddle. A padded gel seat cover and/or cycling shorts can make your ride more comfortable.

Take the time to enter your Spinner® bike serial number in the space below (the serial number is located on the bottom crossbar). If parts are missing or if you have any assembly questions, please contact customer service at 888.704.SPIN (7746).

Serial No. : _____

PEDAL ADJUSTMENTS



The SPD pedals are set for the lowest release tension at the factory for safety. If you would like a stronger release tension, use a 3mm allen wrench and turn the adjustment screw clockwise. Adjust both the left and right sides evenly and start with as little adjustment as necessary until you achieve the desired release tension.

BRAKE PAD REPLACEMENT



STEP 1: Remove tension from the brake pad by turning the resistance knob counterclockwise as far as possible. You should feel a “stop” when the knob is completely loose and you should not rotate the knob any farther.



STEP 2: Using a 4mm allen wrench, carefully remove the two bolts supporting the brake pad (indicated with red arrows). Remove the old brake pad assembly.

Position the new brake pad assembly onto the frame. Carefully re-install the two bolts through the brake pad bracket and into the frame. Start threading the bolts with your fingers to ensure that you do not cross thread the bolts. Finish tightening the bolts with a wrench.

MAD DOGG ATHLETICS, INC. LIMITED WARRANTY

Spinner® Aero and Spinner® Edge

MAD DOGG ATHLETICS, INC. WARRANTS TO THE ORIGINAL PURCHASER THAT SPINNER® BIKES WILL BE FREE FROM DEFECTS IN WORKMANSHIP AND MATERIALS. ALL OTHER SPINNER® PARTS ARE COVERED FOR ONE (1) YEAR FROM THE DATE OF PURCHASE (SEE LIMITATIONS AND EXCLUSIONS BELOW). THIS WARRANTY DOES NOT COVER LABOR CHARGES ASSOCIATED WITH REPLACING COVERED COMPONENTS. PART(S) REPLACED UNDER THE TERMS OF THIS WARRANTY WILL BE WARRANTED FOR THE REMAINDER OF THE ORIGINAL WARRANTY PERIOD ONLY. THIS WARRANTY BECOMES EFFECTIVE UPON THE INVOICE DATE OF THE ORIGINAL PURCHASE FROM AN AUTHORIZED SPINNING® DEALER ONLY. HOME SPINNER® BIKES ARE NOT FOR COMMERCIAL USE AND ARE WARRANTED FOR HOME USE ONLY.

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